


Arm Bike

FSW240



The Arm Bike features a seat and adaptable space to accommodate seated, wheelchair-bound, or standing users, ensuring it is inclusive for all fitness levels and abilities. The equipment's adjustable resistance, sourced from a magnetic brake on a flywheel, delivers a smooth cycling experience critical for arm workouts. Users can effortlessly select from 10

resistance levels by turning a handle, enabling a range from gentle exercises to high-intensity interval training.

Item nummer	
Algemene Product Informatie	
Afmetingen LxBxH	82x55x115 cm
Leeftijdsgroep	13+
Speelcapaciteit	1
Kleuropties	



Meer op KOMPAN Fit app



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To ensure the integrity of the machine, the orange-colored main posts are made of $\varnothing 101.6 \times 3\text{mm}$ s235 steel posts, which are hot dip galvanized and powder coated.



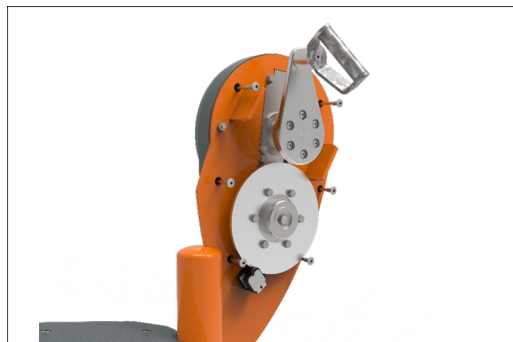
The Arm Bike accommodate 3 exercising positions, standing, seated in a wheelchair or seated on the seat. The handles have a diameter of $\varnothing 36\text{mm}$ and are placed under a 30-degree angle.



Het magnetisch weerstandssysteem is volledig bedekt en instelbaar met een draaiknop in 10 stappen. Het systeem is intuïtief in gebruik: je draait aan de knop om de weerstand te verhogen of verlagen.



De weerstandseenheid en alle mechanische onderdelen zitten in een volledig gesloten kast gemaakt van UV-gestabiliseerd polycarbonaat (PC). Dit voorkomt beknelling en maakt het toestel extreem veilig in gebruik. Daarnaast biedt de kast bescherming tegen weersinvloeden.



The machine is equipped with a weighted flywheel that ensures that the motion stays fluid and comfortable during use.



De zitting is gemaakt van een Ekogrip®-paneel dat bestaat uit een 15 mm dikke PE-basis met een 3 mm dikke bovenlaag van zacht rubber met antislip oppervlaktestructuur.

Item nummer	
Installatie informatie	
Max. valhoogte	60 cm
Veiligheidszone	11,6 m ²
Totale installatietijd	
Graafwerk (vol.)	
Benodigd beton	
Verankeringsdiepte	
Verzendingsgewicht	
Verankeringsopties	Oppervlak ✓
Garantie informatie	
Handvat	10 jaar
Bewegende delen	2 jaar
Polycarbonate PC panelen	10 jaar
Gegarandeerde reserveonderdelen	10 jaar
Stalen frame	10 jaar

EN
16630
compliant

Sustainability Data

FSW240



Cradle to Gate A1-A3	Total CO ₂ emission	CO ₂ e/kg	Recycled materials
	kg CO ₂ e	kg CO ₂ e/kg	%

The overall framework applied for these factors is the Environmental Product Declaration (EPD), which quantifies "environmental information on the life cycle of a product and enable comparisons between products fulfilling the same function" (ISO, 2006). This follows the structure and applies a Life-Cycle Assessment approach to the entire Product stage from raw material through manufacturing (A1-A3))

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 Denmark



Verification of CO₂ calculation of: Fitness



Data version no. 2023-10-05

The CO₂ calculation and data are in compliance with the principles of a carbon footprint impact according to the GHG protocol (Greenhouse Gas Protocol), Scope 3, cradle to gate related to all individual components in the product category: "Fitness" represented by item no.: FAZ10100-0900.

(Scope 3 emissions include emission sources in the upstream and downstream value chain).

Date: 30. October 2023 | Valid until: 30. October 2025

Verified by:

Julie Marie Vejsgaard Larsen, LCA & EPD Consultant

Verification based on report: Validation of CO₂ calculation of 9 categories of Kompan product line, version 1.0, prepared by: Bureau Veritas HSE, Denmark: Julie M. V. Larsen.

Publication date: 30. October 2023

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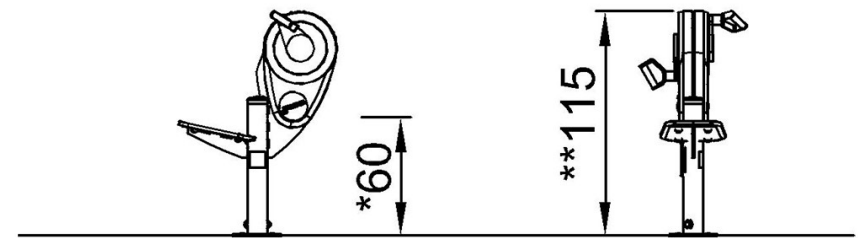
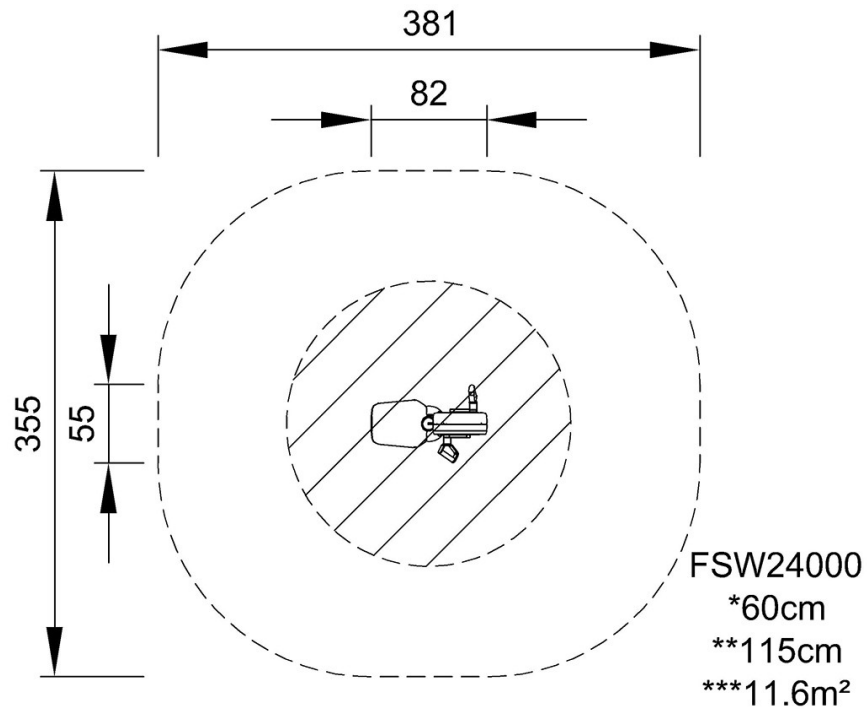


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Max. valhoogte | Totale Hoogte | Veiligheidszone

Max. valhoogte | Totale Hoogte



FSW24000

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