

# Cross Training Combi 7 Compact

FAZ208



Combi 7 delivers maximum workout variety in minimal space, featuring three multifunctional and inclusive stations. The Suspension Trainer enables scalable full-body training, enhancing strength, balance, flexibility, and core stability with 49 possible exercises. The Core Twist offers 360° adjustable-resistance rotation for effective core workouts, along with an

integrated pull-up and leg-lift station. The Magnetic Bells use an innovative magnetic braking system that adjusts resistance with speed and reduces impact if dropped. Available in 6, 9, and 12 kg, the magnetic bells support dynamic, scalable training similar to medicine ball and kettlebell exercises—ideal for all fitness levels.

Item no. FAZ20800-0900	
General Product Information	
Dimensions LxWxH	713x218x291 cm
Age group	13+
Play capacity (users)	7
Color options	



See KOMPAN Fit app for more



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The uniquely designed Magnetic Bells are made of PUR and a reinforced aluminium steel frame that ensures a strong design. The ergonomically shaped handles guarantee a good and pleasant grip for all users.



The uniquely designed handles are made of PUR and a reinforced aluminium frame that ensures a strong but light design. The ergonomically shaped handles guarantee a good and pleasant grip for all users.



The pull up bar is made from Ø32 mm HDG steel bar. The bar is 1080mm wide and 2300mm above ground



The frame of the leg lift is made from Ø38 x 2mm HDG steel tube. The support plates are made from 15mm Ekogrip®, a 15 mm PE plate with a 3 mm top-layer of thermoplastic rubber with non-skid effect. The arm supports are 110 x 195mm, 580mm apart, and 1315mm above ground. The back support is 335 x 500mm. The opening in the back is 30 x 350mm.



KOMPAN fitness products are standard available in Orange, Anthracite, Medium Grey, Dark Grey, Dark Blue, Light Blue, Yellow, Red, Black, Dark Green, Lime, Medium Green, Beige and Brown. All other RAL colours are available on request. It will always be possible to match the surroundings or colour theme!



The magnets which are used are High Strength Neodymium magnets. The magnetic radiation is under strict control, the radiation level never exceeds 5 Gauss (0.5mT), which makes them perfectly safe to use as a training item.

Item no. FAZ20800-0900

## Installation Information

Max. fall height	132 cm
Safety surfacing area	37.4 m²
Total installation time	10.6 hours
Excavation volume	0.73 m³
Concrete volume	0.35 m³
Footing depth (standard)	90 cm
Shipment weight	591 kg
Anchoring options	In-ground ✓ Surface ✓

## Warranty Information

Coated steel parts	10 years
Hot dip galvanised steel	Lifetime
Movable parts	2 years
PUR components	10 years
Spare parts guaranteed	10 years



# Sustainability Data

FAZ208



Cradle to Gate A1-A3	Total CO <sub>2</sub> emission	CO <sub>2</sub> e/kg	Recycled materials
	kg CO <sub>2</sub> e	kg CO <sub>2</sub> e/kg	%
FAZ20800-0900	1,181.10	2.91	53.70

The overall framework applied for these factors is the Environmental Product Declaration (EPD), which quantifies "environmental information on the life cycle of a product and enable comparisons between products fulfilling the same function" (ISO, 2006). This follows the structure and applies a Life-Cycle Assessment approach to the entire Product stage from raw material through manufacturing (A1-A3))

**KOMPAN**  
Let's play

## Kompan A/S

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Denmark



## Verification of CO<sub>2</sub> calculation of: Fitness



Data version no. 2023-10-05

The CO<sub>2</sub> calculation and data are in compliance with the principles of a carbon footprint impact according to the GHG protocol (Greenhouse Gas Protocol), Scope 3, cradle to gate related to all individual components in the product category: "Fitness" represented by item no.: FAZ10100-0900.

(Scope 3 emissions include emission sources in the upstream and downstream value chain).

**Date: 30. October 2023 | Valid until: 30. October 2025**

**Verified by:**

Julie Marie Vejsgaard Larsen, LCA & EPD Consultant

Verification based on report: Validation of CO<sub>2</sub> calculation of 9 categories of Kompan product line, version 1.0, prepared by: Bureau Veritas HSE, Denmark: Julie M. V. Larsen.

**Publication date: 30. October 2023**

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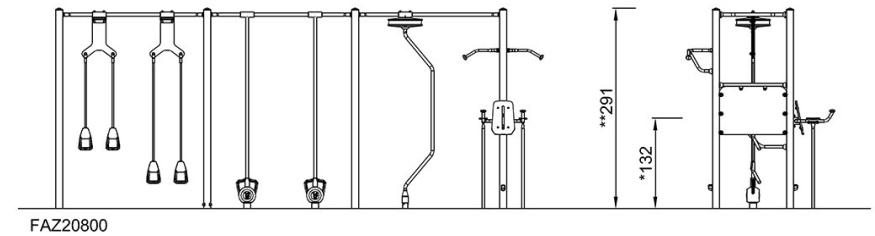
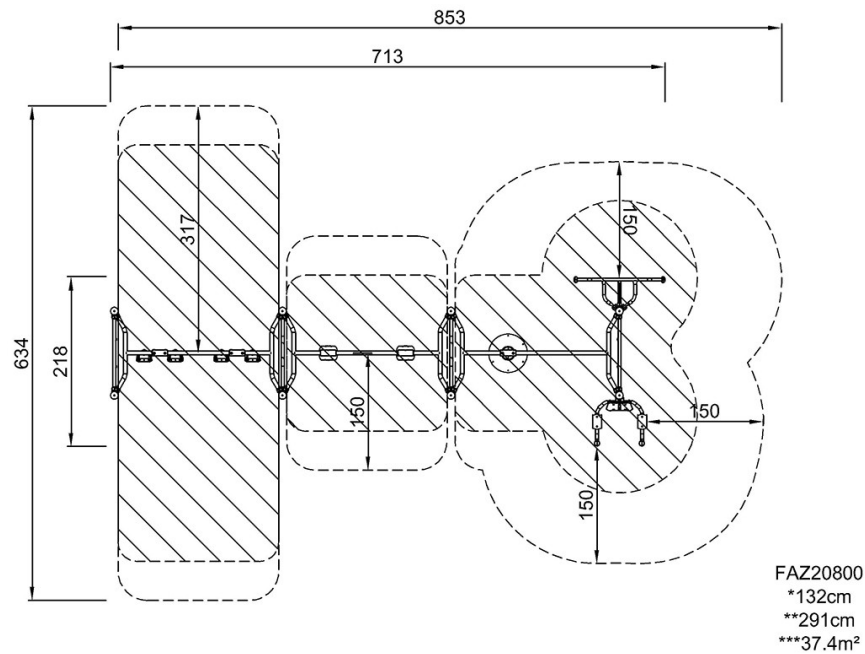


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\* Max fall height | \*\* Total height | \*\*\* Safety surfacing area

\* Max fall height | \*\* Total height



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