


# Recumbent Bike

FSW241



Item no. FSW24100-0001	
<b>General Product Information</b>	
Dimensions LxWxH	6'4"x1'5"x3'0"
Age group	13+
Play capacity (users)	1
Color options	



The Recumbent Bike is an excellent way to improve cardiovascular fitness. Furthermore, it goes easy on knees and joints, making it ideal for everyone. The intensity of the exercise can be defined entirely by yourself, as the Recumbent Bike offers adjustable resistance. It can suit both those looking for a warm-up and those looking for a full aerobic workout. Improved

cardiovascular fitness gives you increased energy and better health.

Accessing the bike is extremely easy and makes the recumbent bike truly inclusive.

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To ensure the integrity of the machine, the orange-colored main posts are made of  $\varnothing 101.6 \times 3\text{mm}$  s235 steel posts, which are hot dip galvanized and powder coated.



The magnetic resistance system is fully covered and can be adjusted with a rotatable handle in 10 steps. The selector system is intuitive in use, you rotate the handle to select a different amount of resistance.



The resistance unit and all mechanical parts are hidden in the fully closed cabinet which is made from UV-stabilized Polycarbonate (PC). As a result, entrapment is not possible, making it extremely safe to use and providing protection against the elements.



The machine is equipped with a weighted flywheel that ensures that the motion stays fluid and comfortable during use.



The seat and backrest is be made of Ekogrip™ panel that consist of a 15mm thick PE base with 3 mm top-layer of soft rubber with a non-skid effect. The backrest is adjustable, and the user can choose between 6 different distances to the bike.



The seat is tilted 5-degrees and the backrest 30-degrees. This is done to ensure optimal activation of the leg muscles during use. Furthermore, the seat has built-in support handles to increase safety and useability.

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### Installation Information

Max. fall height	1'8"
Safety surfacing area	84ft <sup>2</sup>
Total installation time	3.3
Excavation volume	0yd <sup>3</sup>
Concrete volume	0yd <sup>3</sup>
Footing depth (standard)	0'0"
Shipment weight	347lbs
Anchoring options	Surface ✓

### Warranty Information

Handle	10 Years
Movable parts	2 Years
Polycarbonate PC panels	10 Years
Spare Parts Availability	10 Years
Steel frame	10 Years

**ASTM  
F3101**  
compliant

# Sustainability Data

FSW241



Cradle to Gate A1-A3	Total CO <sub>2</sub> emission	CO <sub>2</sub> e/kg	Recycled materials
	kg CO <sub>2</sub> e	kg CO <sub>2</sub> e/kg	%
<b>FSW24100-0001</b>	324.63	3.13	43.21

The overall framework applied for these factors is the Environmental Product Declaration (EPD), which quantifies "environmental information on the life cycle of a product and enable comparisons between products fulfilling the same function" (ISO, 2006). This follows the structure and applies a Life-Cycle Assessment approach to the entire Product stage from raw material through manufacturing (A1-A3))

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## Verification of CO<sub>2</sub> calculation of: Fitness



Data version no. 2023-10-05

The CO<sub>2</sub> calculation and data are in compliance with the principles of a carbon footprint impact according to the GHG protocol (Greenhouse Gas Protocol), Scope 3, cradle to gate related to all individual components in the product category: "Fitness" represented by item no.: FAZ10100-0900.

(Scope 3 emissions include emission sources in the upstream and downstream value chain).

**Date: 30. October 2023 | Valid until: 30. October 2025**

Verified by:

Julie Marie Vejsgaard Larsen, LCA & EPD Consultant

Verification based on report: Validation of CO<sub>2</sub> calculation of 9 categories of Kompan product line, version 1.0, prepared by: Bureau Veritas HSE, Denmark: Julie M. V. Larsen.

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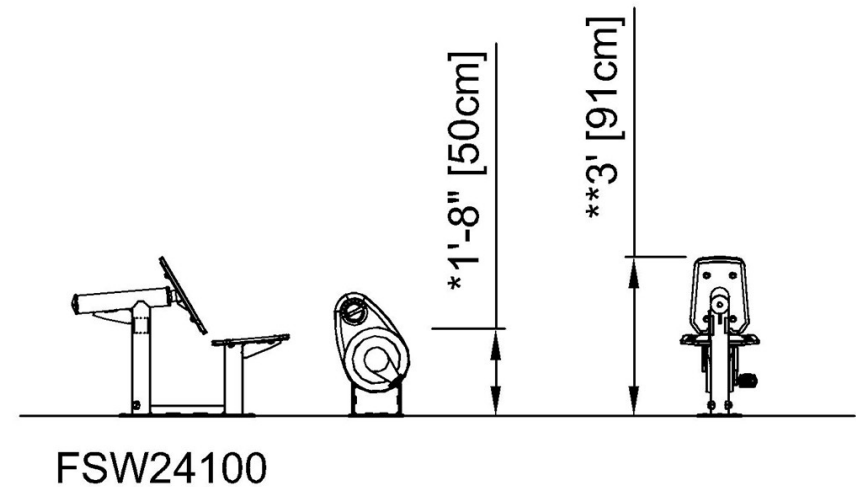
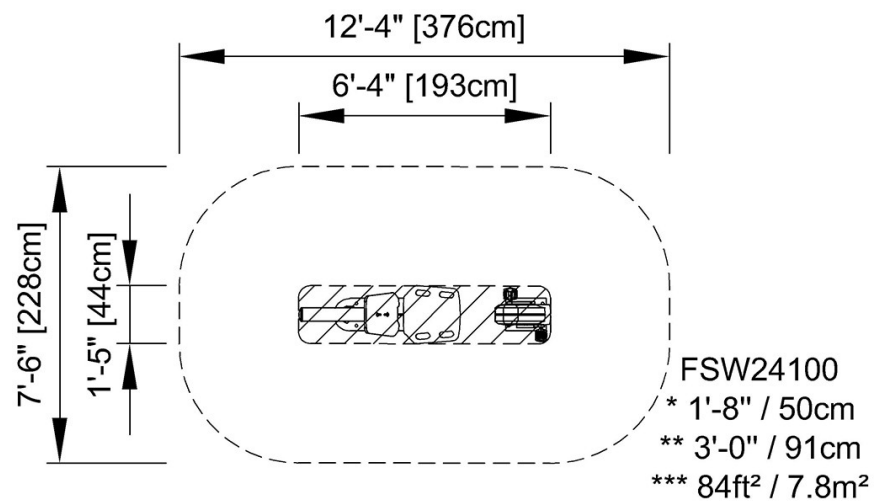


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\* Max fall height | \*\* Total height | \*\*\* Safety surfacing area

\* Max fall height | \*\* Total height



[Click to see TOP VIEW](#)

[Click to see SIDE VIEW](#)