


Arm Bike

FSW240

Item no.	
General Product Information	
Dimensions LxWxH	cm
Age group	
Play capacity (users)	
Color options	

KOMPAN has created adjustable Cardio equipment which is at the same quality and equally effective as what you expect from equipment from an indoor fitness center. The Arm bike is truly inclusive and can be used seated in your wheelchair giving a great workout for the upper body. When the exercise is done from a standing position it is a full body

workout, engaging all big muscle groups. Each user can work out at their own level by adjusting the resistance by simply turning the handle.



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Installation Information	
Max. fall height	0 cm
Safety surfacing area	0.0 m ²
Total installation time	
Excavation volume	
Concrete volume	
Footing depth (standard)	
Shipment weight	
Anchoring options	
Warranty Information	

Cradle to Gate A1-A3	Total CO ₂ emission	CO ₂ e/kg	Recycled materials
	kg CO ₂ e	kg CO ₂ e/kg	%

The overall framework applied for these factors is the Environmental Product Declaration (EPD), which quantifies "environmental information on the life cycle of a product and enable comparisons between products fulfilling the same function" (ISO, 2006). This follows the structure and applies a Life-Cycle Assessment approach to the entire Product stage from raw material through manufacturing (A1-A3))

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Validation of CO₂ calculation of: Fitness



Data version no. 2021-09-27

The CO₂ calculation and data are in compliance with the principles of a carbon footprint impact according to the GHG protocol (Greenhouse Gas Protocol), Scope 3, cradle to gate related to all individual components in the product category: "Fitness" represented by item no.: FAZ10100-0900 (Scope 3 emissions include emission sources in the upstream and downstream value chain).

Date: 15. October 2021 | Valid until: 15. October 2023

Validated by:

Bente Hviid, Senior Consultant

Peter Bendtsen, Senior Consultant

Validation based on report: Validation of CO₂ calculation of 8 categories of Kompan product line, version 1.0, prepared by: Bureau Veritas HSE, Denmark: Bente Hviid and Peter Bendtsen.

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By Bureau Veritas HSE
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* Max fall height | ** Total height | *** Safety surfacing area

* Max fall height | ** Total height

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[Click to see SIDE VIEW](#)