

# Bootcamp Base

FST930



Item no. FST93000-0801

### General Product Information

|                       |   |
|-----------------------|---|
| Dimensions LxWxH      | 6'5"x19'2"x8'7"   |
| Age group             | 13+   |
| Play capacity (users) | 8   |
| Color options         |   |



The Bootcamp Base gives trainers an easy frame for a complete training session. It is a multipurpose structure where you can easily train with groups of 10 or more people. The Bootcamp Base allows users to store barbells of various heights and to attach boxing bags and other training equipment, including suspension trainers, climbing ropes, battle

ropes, etc.

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The pull up bars are 180 cm long and have a diameter of 32 mm. The bar is hot dip galvanized and the surface is powder coated, this provides a smooth service and allows users to perform dynamic exercises without getting injuries.



The post of the Bootcamp Base is made of 80x80x3mm and is Hot Dip Galvanized. Due to these over sized posts the structure is almost unbreakable and very rigid.



This is called a J-Hook, you can adjust them to set up the bar at the right height for each of your lifts. KOMPAN J-hooks are heavy duty and fit securely in place so you can focus on your workout without having to worry about hook slippage or movement. They are hot galvanized and can resist all weather conditions.

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|--------------------------|--------------------------|
| Installation Information |                          |
| Max. fall height         | 8'7"                     |
| Safety surfacing area    | 372ft <sup>2</sup>       |
| Total installation time  | 9.6                      |
| Excavation volume        | 2.09yd <sup>3</sup>      |
| Concrete volume          | 1.02yd <sup>3</sup>      |
| Footing depth (standard) | 2'7"                     |
| Shipment weight          | 1349lbs                  |
| Anchoring options        | In-ground ✓<br>Surface ✓ |
| Warranty Information     |                          |
| Coated steel parts       | 10 Years                 |
| Hot dip galvanized steel | Lifetime                 |



All KOMPAN fitness products are compliant with the ASTM F3101 & EN16630 Outdoor Fitness Standards. Load tests are performed as a static test by adding dynamic factors as well as safety factors to the specified load of 78kg per user. A product intended for 1 user is loaded with 420kg.



One of the cool opportunities the FST930 offers is the opportunity to add a boxing bag to the structure. All the hardware is in place to click on your boxing bag and start working out! The bolts and connectors are made from stainless steel and extremely durable.

**ASTM  
F3101**  
compliant

# Sustainability Data

FST930



| Cradle to Gate A1-A3 | Total CO <sub>2</sub> emission | CO <sub>2</sub> e/kg    | Recycled materials |
|----------------------|--------------------------------|-------------------------|--------------------|
|                      | kg CO <sub>2</sub> e           | kg CO <sub>2</sub> e/kg | %                  |
| <b>FST93000-0801</b> | 1,340.34                       | 2.59                    | 49.94              |

The overall framework applied for these factors is the Environmental Product Declaration (EPD), which quantifies "environmental information on the life cycle of a product and enable comparisons between products fulfilling the same function" (ISO, 2006). This follows the structure and applies a Life-Cycle Assessment approach to the entire Product stage from raw material through manufacturing (A1-A3))

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## Verification of CO<sub>2</sub> calculation of: Fitness



Data version no. 2023-10-05

The CO<sub>2</sub> calculation and data are in compliance with the principles of a carbon footprint impact according to the GHG protocol (Greenhouse Gas Protocol), Scope 3, cradle to gate related to all individual components in the product category: "Fitness" represented by item no.: FAZ10100-0900.

(Scope 3 emissions include emission sources in the upstream and downstream value chain).

**Date: 30. October 2023 | Valid until: 30. October 2025**

Verified by:

Julie Marie Vejsgaard Larsen, LCA & EPD Consultant

Verification based on report: Validation of CO<sub>2</sub> calculation of 9 categories of Kompan product line, version 1.0, prepared by: Bureau Veritas HSE, Denmark: Julie M. V. Larsen.

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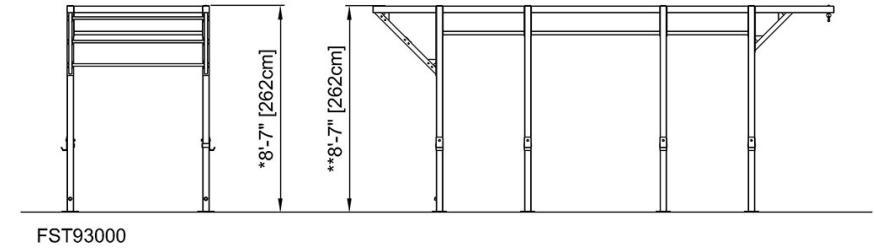
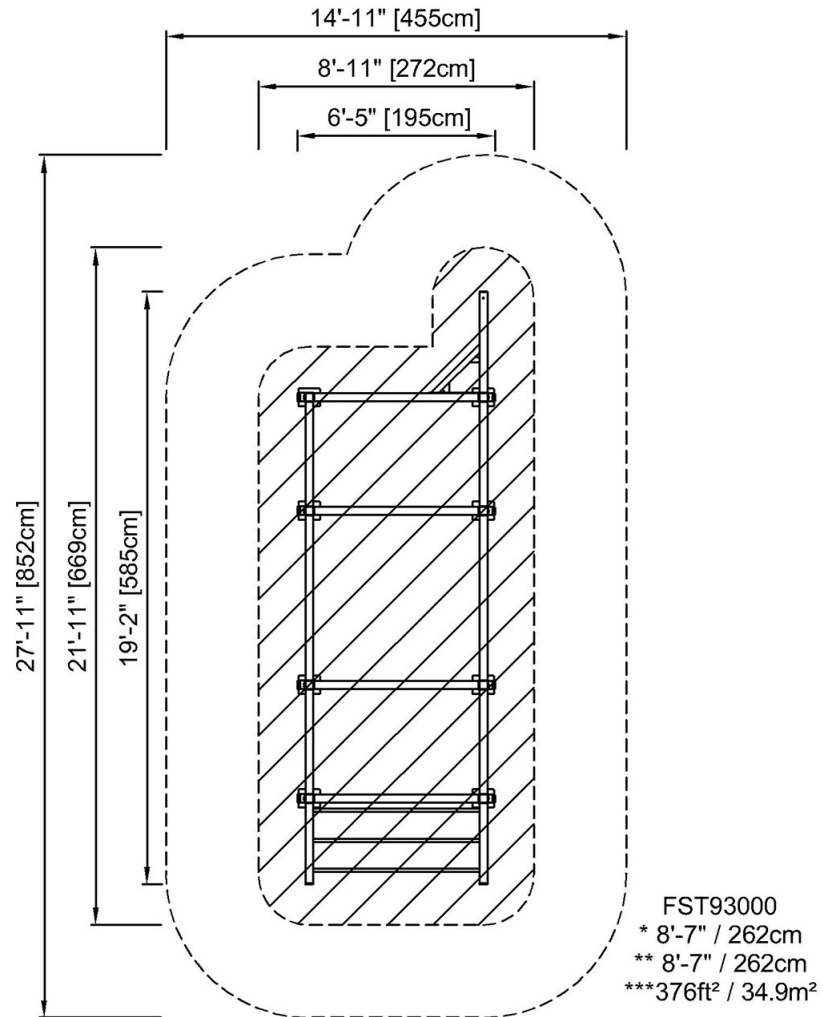


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\* Max fall height | \*\* Total height | \*\*\* Safety surfacing area

\* Max fall height | \*\* Total height



[Click to see TOP VIEW](#)

[Click to see SIDE VIEW](#)