Parallel Bars

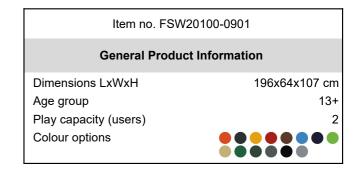
FSW201

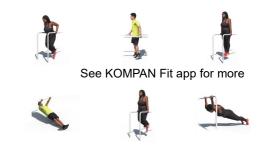




With rounded corners making it easy to swing your legs and try new tricks without the risk of injuries, a Parallel Bar can be found on every street workout area to train the upper body and core stability. The Parallel Bar fits in any Obstacle Course and is a street workout that is physically active and symbolises the freedom of movement while encouraging socialising and

combining athletics, calisthenics, and other sports.







Parallel Bars

FSW201





The post is made of Ø101.6 x 2mm, pregalvanised carbon steel and powder coated which is a great protection solution for all climate conditions.



The connectors are made of die-cast aluminium, specially alloyed for the outdoor environments and heavy usage. The screws attaching the connectors are stainless steel and protected by zinc washers.



Bars intended as grips during exercises are made of hot-dip galvanised steel ø38mm. A great diameter to support the wrist when doing dips or handstands.

11011110.1 01120100 0001				
Installation Information				
Max. fall height	10	7 cm		
Safety surfacing area	15	15.5 m²		
Total installation time	2.6			
Excavation volume	0.11 m³			
Concrete volume	0.06 m³			
Footing depth (standard)	90 cm			
Shipment weight	8	30 kg		
Anchoring options	In-ground ✓			
	Surface	>		
Warranty Information				
Connectors	10 y	10 years		
Galvanised Steel	Lifetime			
Post	10 years			
Spare Parts Guarantee	10 չ	10 years		

Item no. FSW20100-0901



All of KOMPAN's fitness products are compliant with AS 4685:2021, ASTM F3101 & EN16630 Outdoor Fitness Standards. Load tests are performed to the specified load of 78kg per user. A product intended for one user is loaded with 420kg.



The information sign is made of a PA6 (Polyamide) and shows the most relevant exercises. When users scan the QR code, this will link them to an animated illustration of the exercise and offers the possibility of downloading the KOMPAN Fitness App, which is programmed with many more exercise alternatives.



KOMPAN fitness products are available in Orange, RAL2010 and Grey, RAL7012 as standard. All other RAL colours are available on upon request to meet your project's vision and to match the natural surroundings.



Sustainability Data

FSW201





Cradle to Gate A1-A3	Total CO ₂ emission	CO₂e/kg	Recycled materials
	kg CO₂e	kg CO₂e/kg	%
FSW20100-0901	190.13	3.38	48.10

The overall framework applied for these factors is the Environmental Product Declaration (EPD), which quantifies "environmental information on the life cycle of a product and enable comparisons between products fulfilling the same function" (ISO, 2006). This follows the structure and applies a Life-Cycle Assessment approach to the entire Product stage from raw material through manufacturing (A1-A3))

Kompan A/S

C.F. Tietgens Boulevard 32C DK-5220 Odense SØ Denmark



Verification of CO₂ calculation of: Fitness



Data version no. 2023-10-05

The CO_2 calculation and data are in compliance with the principles of a carbon footprint impact according to the GHG protocol (Greenhouse Gas Protocol), Scope 3, cradle to gate related to all individual components in the product category: "Fitness" represented by item no.: FAZ10100-0900.

(Scope 3 emissions include emission sources in the upstream and downstream value chain).

Date: 30. October 2023 | Valid until: 30. October 2025 Verified by:

made

Julie Marie Vejsgaard Larsen, LCA & EPD Consultant

Verification based on report: Validation of ${\rm CO_2}$ calculation of 9 categories of Kompan product line, version 1.0, prepared by: Bureau Veritas HSE, Denmark: Julie M. V. Larsen.

Publication date: 30. October 2023

By Bureau Veritas HSE www.bureauveritas.dk +45 7731 1000



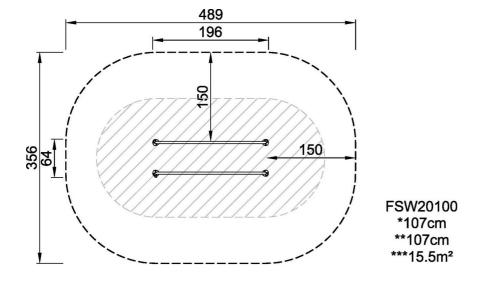
Parallel Bars

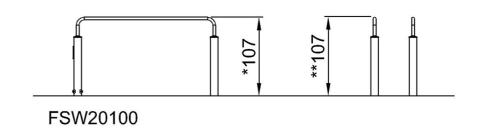




* Max fall height | ** Total height | *** Safety surfacing area

* Max fall height | ** Total height





Click to see TOP VIEW

Click to see SIDE VIEW