

Cross Trainer

FSW239

KOMPAN
Let's play



The Cross Trainer appeals to a wide demographic due to its low-impact design that incorporates both upper and lower body movement. Ergonomically optimized, it provides a comfortable exercise that's easy on the joints. Workload is adjustable with 10 resistance levels, controlled by a handle reachable from the standing position. The

smooth magnetic brake system caters to all training intensities, suitable for rehabilitation or athletic conditioning. It also features a phone holder for multimedia entertainment during workouts.

产品编号 FSW23900-0001	
产品信息概览	
长宽高尺寸	165x70x167 cm
适用年龄段	13+
容纳人数	1
颜色选择	



[查看 KOMPAN Fit 健身应用程序了解更多信息](#)

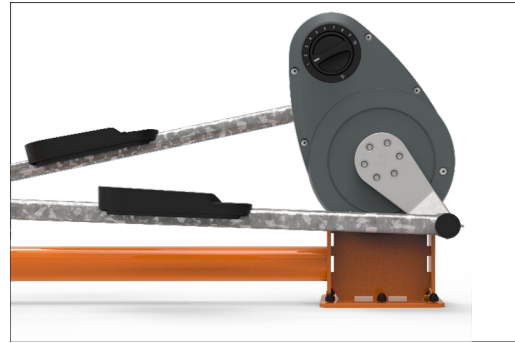


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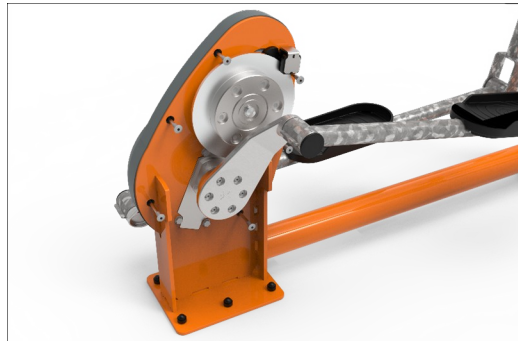
椭圆机由整体焊接钢框架连接设备的前后部分。该框架创造了一个非常坚固耐用的设备，可承受非常大的力量。



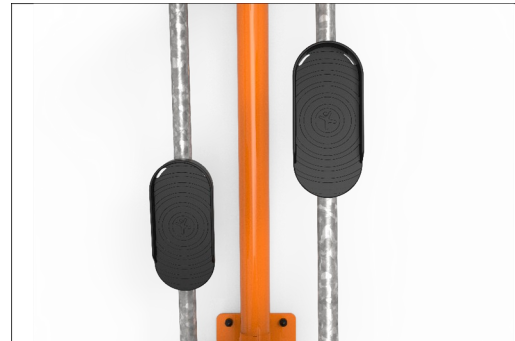
The resistance unit and all mechanical parts are hidden in the fully closed cabinet which is made from UV-stabilized Polycarbonate (PC). As a result, entrapment is not possible, making it extremely safe to use and providing protection against the elements.



The magnetic resistance system is fully covered and can be adjusted with a rotatable handle in 10 steps. The selector system is intuitive in use, you rotate the handle to select a different amount of resistance.



The machine is equipped with a weighted flywheel that ensures that the motion stays fluid and comfortable during use.



The footplates are made from molded pp and secured to the cross trainer using 4 threaded inserts and accommodates most foot sizes.



The center console of has a phone holder made from s235 steel with a thickness of 6mm.

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安装信息

最大跌落高度	50 cm
安全面积	15.3 m ²
安装总时长	3.3
开挖量	0.00 m ³
混凝土使用量	0.00 m ³
标准入地深度	0 cm
运输重量	170 kg
固定选项	地表 ✓

质保信息

铝	15 年
EcoCore HDPE	终身质保
活动部件	2 年
承保零部件	10 年
镀锌钢框架	10 年

EN
16630
compliant

Sustainability Data

FSW239



从原材料到成品

CO₂ 排放总量

CO₂ 排放量 / 千克

回收的原料

kg CO₂e

kg CO₂e/kg

%

FSW23900-0001

337.45

3.06

45.74

这些因素采用的总体框架为环保产品声明 (EPD), 该声明可量化“产品生命周期的环保信息, 并对相同功能的产品进行对比”(ISO, 2006)。在遵循该框架的同时, 对从原材料到制造的整个产品阶段 (A1-A3) 应用生命周期评估法。

Kompan A/S

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DK-5220 Odense SØ
Denmark



Verification of CO₂ calculation of: Fitness



Data version no. 2023-10-05

The CO₂ calculation and data are in compliance with the principles of a carbon footprint impact according to the GHG protocol (Greenhouse Gas Protocol), Scope 3, cradle to gate related to all individual components in the product category: "Fitness" represented by item no.: FAZ10100-0900.

(Scope 3 emissions include emission sources in the upstream and downstream value chain).

Date: 30. October 2023 | Valid until: 30. October 2025

Verified by:

Julie Marie Vejsgaard Larsen, LCA & EPD Consultant

Verification based on report: Validation of CO₂ calculation of 9 categories of Kompan product line, version 1.0, prepared by: Bureau Veritas HSE, Denmark: Julie M. V. Larsen.

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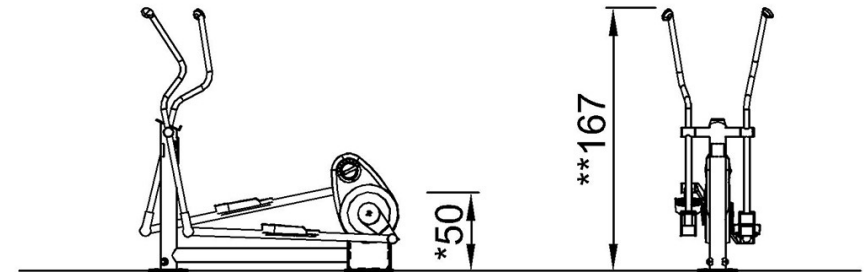
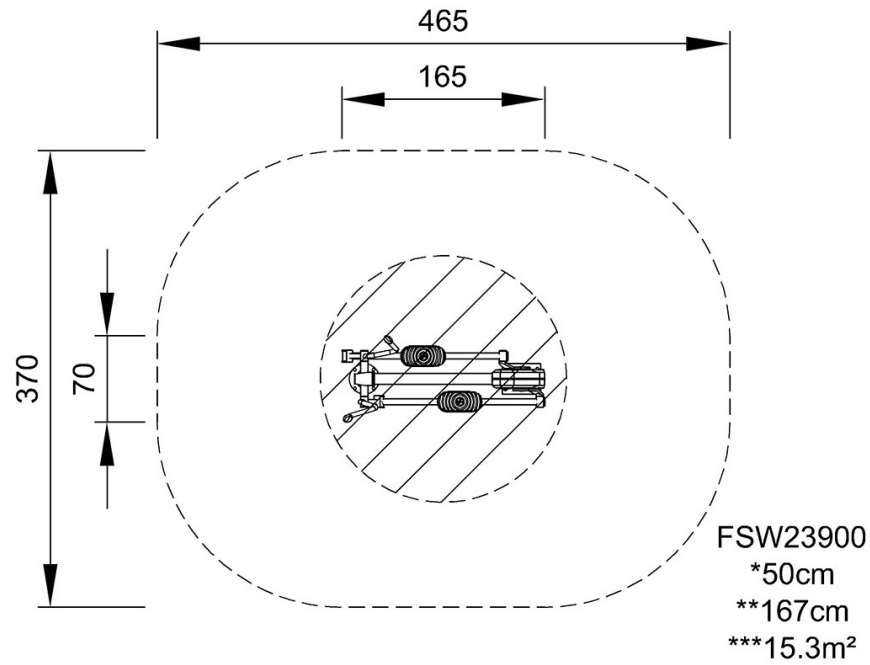


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最大跌落高度 | 总高度 | 安全区域

最大跌落高度 | 总高度



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