Cross Training Pro Combi 3

FAZ204

KOMPAN
Let's play®

Item no. FAZ20400-0900	
General Product Information	
Dimensions LxWxH	1050x106x334 cm
Age group	13+
Play capacity (users)	9
Colour options	
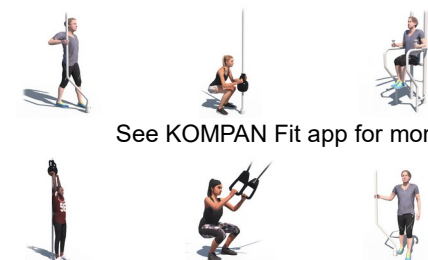
See KOMPAN Fit app for more

The two Core Twist poles rotate 360° clockwise and counter clockwise with a resistance that can be determined by speed of movement. The Core Twist offers everyone a complete functional workout aimed at increasing overall strength and core stability. An innovative magnetic breaking system in the Magnetic Bells allow the user to increase the resistance by increasing the speed of movement. The patented system also functions as brake when someone drops the magnetic bells and will reduce the impact significantly. With the suspension trainer everyone can workout at their own level due to the scalable resistance. The intensity of each exercise can be determined simply by adjusting the body position to add more or less resistance.

Data is subject to change without prior notice.

Cross Training Pro Combi 3

FAZ204

KOMPAN Let's play®

The uniquely designed handles are made of PUR and a reinforced aluminium frame that ensures a strong but light design. The ergonomically shaped handles guarantee a good and pleasant grip for all users.

The big instruction signs are made of a 8mm polycarbonate sheets with clear instructions printed directly on the panels. The polycarbonate is extremely strong and provides a vandalism proof construction.

The magnets which are used are High Strength Neodymium magnets. The magnetic radiation is under strict control, the radiation level never exceeds 5 Gauss (0.5mT), which makes them perfectly safe to use as an training item.

Item no. FAZ20400-0900	
Installation Information	
Max. fall height	0 cm
Safety surfacing area	44.0 m²
Total installation time	15.3
Excavation volume	1.63 m³
Concrete volume	0.83 m³
Footing depth (standard)	90 cm
Shipment weight	898 kg
Anchoring options	In-ground ✔
	Surface ✔
Warranty Information	
Coated steel parts	10 years
PUR components	10 years
Ropes & nets	10 years
Signs	10 years
Spare parts guaranteed	10 years

The tubes on which the magnetic bells move are ø40mm, made of grade AW 6082-T6 aluminium and have an anodized layer of 20μm. The tube has a full steel core for structural integrity.

The ergonomically shaped PUR elements on the captain's chair secure a good posture and creates a good isolation in order to make the exercise as comfortable as possible.

Each suspension trainer has 3 sets of handles positioned at 3 different heights, 40, 90 and 130cm. This allows people of all lengths to do the exercises and gives the user the opportunity to do over 40 different exercises.

TÜV SÜD

Data is subject to change without prior notice.

Sustainability Data

FAZ204

Kompan A/S
C.F. Tietgens Boulevard 32C
DK-5220 Odense SØ
Denmark

Validation of CO_2
calculation method
**BUREAU VERITAS
HSE Denmark A/S**

Verification of CO_2 calculation of:
Fitness

Data version no. 2023-10-05

The CO_2 calculation and data are in compliance with the principles of a carbon footprint impact according to the GHG protocol (Greenhouse Gas Protocol), Scope 3, cradle to gate related to all individual components in the product category: "Fitness" represented by item no.: FAZ10100-0900.

(Scope 3 emissions include emission sources in the upstream and downstream value chain).

Date: 30. October 2023 | Valid until: 30. October 2025
Verified by:

Julie Marie Vejsgaard Larsen, LCA & EPD Consultant

Verification based on report: Validation of CO_2 calculation of 9 categories of Kompan product line, version 1.0, prepared by: Bureau Veritas HSE, Denmark: Julie M. V. Larsen.

Publication date: 30. October 2023

Cradle to Gate A1-A3	Total CO₂ emission	CO₂e/kg	Recycled materials
	kg CO₂e	kg CO₂e/kg	%
FAZ20400-0900	2,219.73	3.24	43.60

The overall framework applied for these factors is the Environmental Product Declaration (EPD), which quantifies "environmental information on the life cycle of a product and enable comparisons between products fulfilling the same function" (ISO, 2006). This follows the structure and applies a Life-Cycle Assessment approach to the entire Product stage from raw material through manufacturing (A1-A3))

By Bureau Veritas HSE
www.bureauveritas.dk
+45 7731 1000

Data is subject to change without prior notice.

KOMPAN Let's play

* Max fall height | ** Total height | *** Safety surfacing area

* Max fall height | ** Total height

1060
1050
634
106
150
150

FAZ20400
*0cm
**334cm
***44m²
1:100

FAZ20400

**334
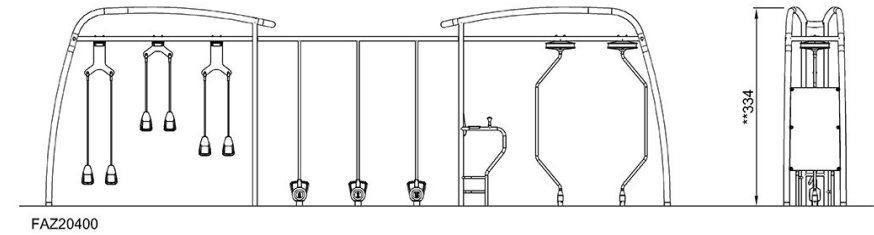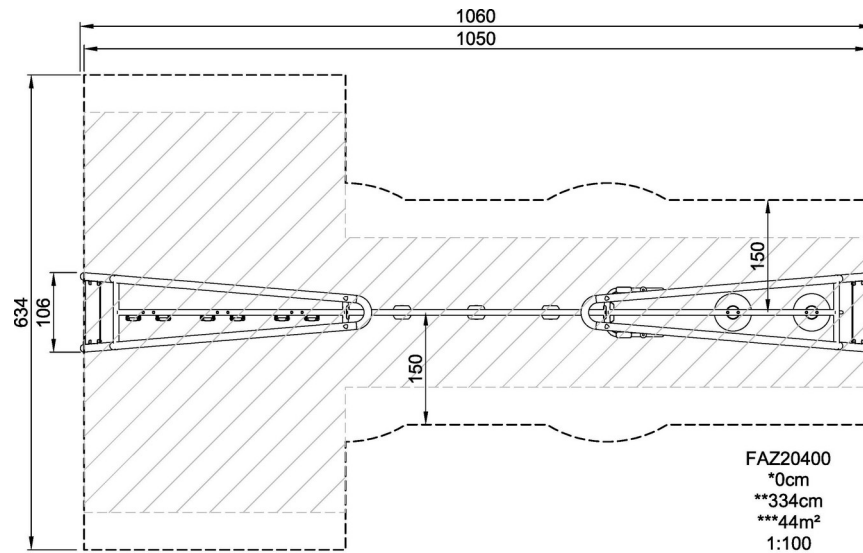
Click to see TOP VIEW

Click to see SIDE VIEW