

# Double Overhead Ladder

FPW213



The overhead ladder, also known as the monkey bar, may be the most well known of all obstacle course elements. The goal is to get to the other side without using your feet. Training upper body strength and cross body coordination. This overhead ladder is wide and high to ensure anyone can hang and move freely. To make sure that everyone can reach

the overhead ladder there are 4 stepping pods at different heights. As a stand-alone item the Double Overhead Ladder is great to work in group workout. It offers space for 8 people to perform pull up exercises or to attach suspension trainers for a full body workout.

Item no. FPW21300-0900	
General Product Information	
Dimensions LxWxH	445x119x240 cm
Age group	8+
Play capacity (users)	4
Colour options	



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## Overhead ladder

**Physical:** develops children's upper body muscles and arm strength, cross coordination and spatial awareness. This is especially important due to sedentary lifestyles and back-pain in children. **Social-Emotional:** chill and socialize on top of the overhead ladder, training cooperation.



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Post are made of Ø101.6 x 2mm, pre-galvanized carbon steel and powder coated, a great protection to all conditions.



The connectors are made of die-cast aluminium, specially alloyed for the outdoor environments and heavy usage. The screws attaching the connectors are stainless steel and protected by zinc washers.



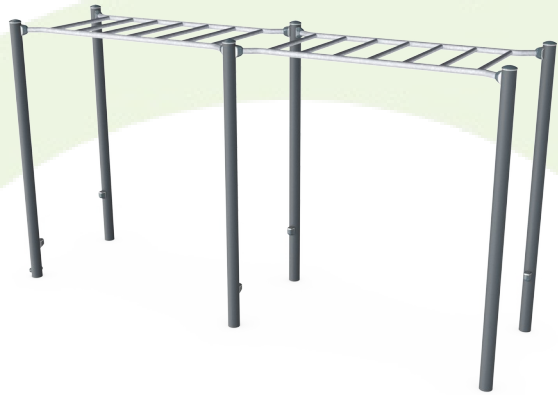
The Four-steps are 900x280mm and have a height of 171mm.

Item no. FPW21300-0900	
Installation Information	
Max. fall height	233 cm
Safety surfacing area	40.6 m²
Total installation time	4.5
Excavation volume	0.38 m³
Concrete volume	0.20 m³
Footing depth (standard)	90 cm
Shipment weight	287 kg
Anchoring options	In-ground ✓ Surface ✓
Warranty Information	
Hot dip galvanised steel	Lifetime
Post	10 years
Spare parts guaranteed	10 years



# Sustainability Data

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Cradle to Gate A1-A3	Total CO <sub>2</sub> emission	CO <sub>2</sub> e/kg	Recycled materials
	kg CO <sub>2</sub> e	kg CO <sub>2</sub> e/kg	%
FPW21300-0900	539.02	3.32	48.70

The overall framework applied for these factors is the Environmental Product Declaration (EPD), which quantifies "environmental information on the life cycle of a product and enable comparisons between products fulfilling the same function" (ISO, 2006). This follows the structure and applies a Life-Cycle Assessment approach to the entire Product stage from raw material through manufacturing (A1-A3))

## Kompan A/S

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## Verification of CO<sub>2</sub> calculation of: Fitness



Data version no. 2023-10-05

The CO<sub>2</sub> calculation and data are in compliance with the principles of a carbon footprint impact according to the GHG protocol (Greenhouse Gas Protocol), Scope 3, cradle to gate related to all individual components in the product category: "Fitness" represented by item no.: FAZ10100-0900.

(Scope 3 emissions include emission sources in the upstream and downstream value chain).

**Date: 30. October 2023 | Valid until: 30. October 2025**

**Verified by:**

Julie Marie Vejsgaard Larsen, LCA & EPD Consultant

Verification based on report: Validation of CO<sub>2</sub> calculation of 9 categories of Kompan product line, version 1.0, prepared by: Bureau Veritas HSE, Denmark: Julie M. V. Larsen.

**Publication date: 30. October 2023**

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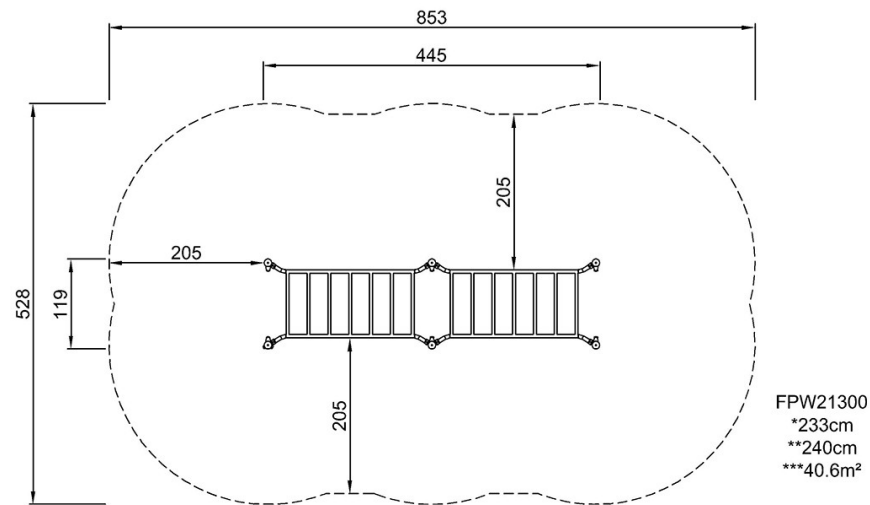


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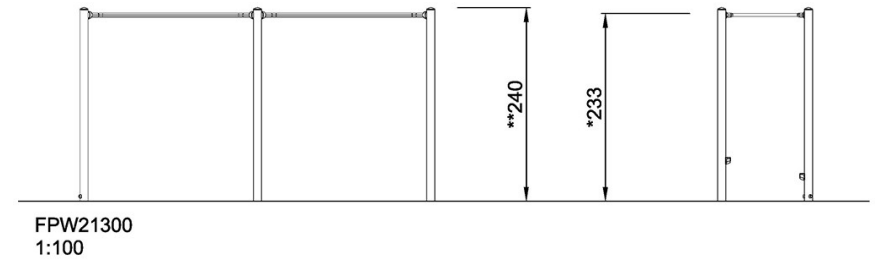
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\* Max fall height | \*\* Total height | \*\*\* Safety surfacing area

\* Max fall height | \*\* Total height



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[Click to see SIDE VIEW](#)