# Lower Back Bench Pro

FAZ607



Item no. FAZ60700-0001		
General Product Information		
Dimensions LxWxH	73x105x89 cm	
Age group	13+	
Play capacity (users)	1	
Colour options		

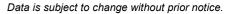






With the adaptable foot, calf and thigh support, the bench facilitates back extension exercises in various forms thereby strengthening hip extensor, lower back and upper back muscles. The strength machines and benches allow for simple, safe, and effective strength training for all major muscle groups. This increases daily functional capacity, especially for the elderly,

sports performance, aesthetic appearance, and metabolic fitness.

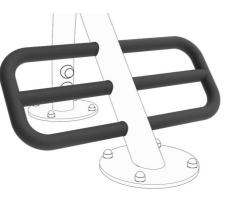


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The distance between the two handles is 667mm. The handles make it easier for the user to get on and of the equipment and allow alternative exercises like dips.

The Bench has 3 footrest positions to fit users of all sizes and to vary exercises.

The Grip Powdercoating, used on the support handle, is highly durable against wear and tear, offers isolation, and simultaneously gives users an outstanding grip during their workout.

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Installation Information		
Max. fall height	89 cm	
Safety surfacing area	13.2 m²	
Total installation time	3.4	
Excavation volume	0.00 m³	
Concrete volume	0.00 m³	
Footing depth (standard)	0 cm	
Shipment weight	93 kg	
Anchoring options S	Surface 🗸	

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Warranty Information	
Hot dip galvanised steel	Lifetime
PUR components	10 years
Spare parts guaranteed	10 years



The rotating rollers are Ø 110mm and made from PUR (Polyurethane Rubber, compact foam). The rollers have a steel insert that is electro galvanized. They provide support and ensure a comfortable position. All Steel components are made from carbon steel, with a hot-dip galvanized surface according to ISO1461, and a powder coating corrosion class C3 according to ISO12944-2. Lead content for surfaces is below 90ppm, and below 100ppm for base material. SUD TUC SUD FIL SU

All KOMPAN fitness products are compliant with the ASTM F3101 & EN16630 Outdoor Fitness Standards. Load tests are performed as a static test by adding dynamic factors as well as safety factors to the specified load of 78kg per user. A product intended for 1 user is loaded with 420kg.



# **Sustainability Data**

Cradle to Gate A1-A3

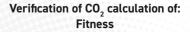
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**Kompan A/S** C.F. Tietgens Boulevard 32C DK-5220 Odense SØ Denmark







#### Data version no. 2023-10-05

The  $CO_2$  calculation and data are in compliance with the principles of a carbon footprint impact according to the GHG protocol (Greenhouse Gas Protocol), Scope 3, cradle to gate related to all individual components in the product category: "Fitness" represented by item no.: FAZ10100-0900.

(Scope 3 emissions include emission sources in the upstream and downstream value chain).

Date: 30. October 2023 | Valid until: 30. October 2025 Verified by:

### Somo

Julie Marie Vejsgaard Larsen, LCA & EPD Consultant

Verification based on report: Validation of CO<sub>2</sub> calculation of 9 categories of Kompan product line, version 1.0, prepared by: Bureau Veritas HSE, Denmark: Julie M. V. Larsen.

Publication date: 30. October 2023

**By Bureau Veritas HSE** www.bureauveritas.dk +45 7731 1000



The overall framework applied for these factors is the Environmental Product Declaration (EPD), which quantifies "environmental information on the life cycle of a product and enable comparisons between products fulfilling the same function" (ISO, 2006). This follows the structure and applies a Life-Cycle Assessment approach to the entire Product stage from raw material through manufacturing (A1-A3))

**Total CO2** 

emission

kg CO<sub>2</sub>e

150.52

CO2e/kg

kg CO<sub>2</sub>e/kg

3.15

Recycled

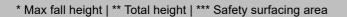
materials

%

40.00

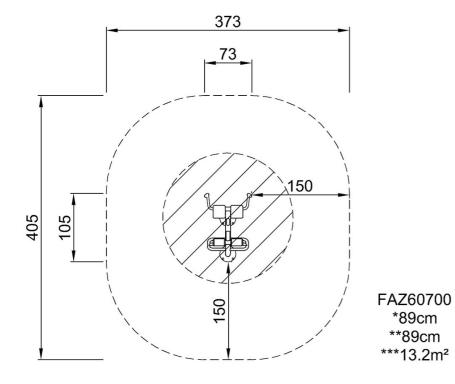


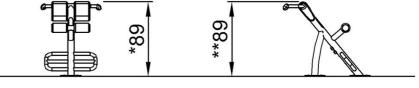
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\* Max fall height | \*\* Total height





FAZ60700

Click to see TOP VIEW

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