


# Free Runner

FSW242

Item no.	
General Product Information	
Dimensions LxWxH	cm
Age group	
Play capacity (users)	
Color options	

The Free Runner is a fun-to-use warm-up, coordination, and mobility device. It is easy to use and doesn't require any skills or settings. The Free Runner gives you low-impact exercise for your legs and hip area. While exercising you can play with different stride lengths to challenge yourself and by going faster you can even use it for light cardio

exercise. The Free Runner is simply a fun way to add easy exercises to your routine.

# Free Runner

FSW242

Item no.	
<b>Installation Information</b>	
Max. fall height	0 cm
Safety surfacing area	0.0 m <sup>2</sup>
Total installation time	
Excavation volume	
Concrete volume	
Footing depth (standard)	
Shipment weight	
Anchoring options	
<b>Warranty Information</b>	

**Kompan A/S**  
 C.F. Tietgens Boulevard 32C  
 DK-5220 Odense SØ  
 Denmark



### Validation of CO<sub>2</sub> calculation of: Fitness



Data version no. 2021-09-27

The CO<sub>2</sub> calculation and data are in compliance with the principles of a carbon footprint impact according to the GHG protocol (Greenhouse Gas Protocol), Scope 3, cradle to gate related to all individual components in the product category: "Fitness" represented by item no.: FAZ10100-0900 (Scope 3 emissions include emission sources in the upstream and downstream value chain).

**Date: 15. October 2021 | Valid until: 15. October 2023**

**Validated by:**

Bente Hviid, Senior Consultant

Peter Bendtsen, Senior Consultant

Validation based on report: Validation of CO<sub>2</sub> calculation of 8 categories of Kompan product line, version 1.0, prepared by: Bureau Veritas HSE, Denmark: Bente Hviid and Peter Bendtsen.

**Publication date: 15. October 2021**

**By Bureau Veritas HSE**  
 www.bureauveritas.dk  
 +45 7731 1000



Cradle to Gate A1-A3	Total CO <sub>2</sub> emission	CO <sub>2</sub> e/kg	Recycled materials
	kg CO <sub>2</sub> e	kg CO <sub>2</sub> e/kg	%

The overall framework applied for these factors is the Environmental Product Declaration (EPD), which quantifies "environmental information on the life cycle of a product and enable comparisons between products fulfilling the same function" (ISO, 2006). This follows the structure and applies a Life-Cycle Assessment approach to the entire Product stage from raw material through manufacturing (A1-A3))

# Free Runner

FSW242

\* Max fall height | \*\* Total height | \*\*\* Safety surfacing area

\* Max fall height | \*\* Total height

[Click to see TOP VIEW](#)

[Click to see SIDE VIEW](#)